



# The Trilogy Tribune

DEDICATED TO THE HEALTH AND WELL BEING OF PEOPLE, PETS AND THE PLANET

Issue 6

## Are You Well?

Dr. Barry Sears

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### What does it mean?

Have you ever thought about what it truly means to be well? For most of us, if we are not ill, then we *must* be well...right? Wrong. According to Dr. Barry Sears, wellness should far transcend that definition. You may think you are well but do you really know what's going on in your body? Think about a health concern you've had in the past. At first, you had no idea something was amiss. At some point, you sensed something wasn't right but it didn't bother you enough to get attention. Thus the situation got worse and worse until you finally did something about it. Even before you started to feel less than perfect, silent changes were going on inside your body that you were not aware of. Eventually the silence broke!

### Silent Changes

Dr. Sears is a scientist who studies silent changes that occur in the body. He found a common thread that revolves around the chemistry of the body. While one may blame a bacteria, virus, toxin, trauma or any number of specific causes of a health problem, Dr. Sears studies what those specific causes did to the body, biochemically. His

conclusions are startling. Very simply stated, Dr. Sears demonstrated that hormones play a major role in the health of our body. While we are all aware of hormones such as estrogen, progesterone and testosterone, there are other hormones, which are called eicosanoids. The eicosanoids can be divided into two types: good ones that promote a state of wellness and bad ones. When the body is in a state of wellness, it is producing good eicosanoids and is within "the zone." Fortunately for us, the types of eicosanoids produced depend largely upon our diets. The type of foods we eat and the ratio of those foods can determine whether good or bad eicosanoids will be produced, and if we will stay in a state of wellness, within "the zone". The exciting thing about Dr. Sears' Zone theory of wellness is that it is easy to follow.

### The Zone of Wellness

Once Dr. Sears was convinced that he had unlocked the door to wellness, at least scientifically, he then had a new mission. He developed the tools that we need to help us stay within The



Zone. His first tools were his books, which he continues to write. Knowledge is a glorious thing because once you understand the theory behind The Zone and how you should eat to balance your hormones, you are on your way to wellness.

His second set of tools was the development of his OmegaZone Nutrition Bars to help you stay in The Zone. The third set of tools involved the development of OmegaRx Pharmaceutical Grade Fish Oil so that we could get the essential long chain fatty acids that we need to help produce the good eicosanoids without the accumulation of toxins so prevalent in fish oils today. Dr. Sears' most recent tool involved the development a liquid dietary supplement called SeaHealth Plus™.

## Are You Well? (continued)

### SeaHealth Plus™

Dr. Sears has emerged from the lab once more with a new generation liquid supplement. SeaHealth Plus™ is a nutrient-rich blend of whole foods that provides a wide variety of plant source trace minerals to fuel the body's vital processes, natural antioxidants to protect and certified aloe vera to soothe. In just 15 seconds a day, SeaHealth Plus™ provides the natural ingredients your body knows, loves and uses to feed, balance and protect you from the wear and tear of a hectic modern life. It even tastes great!

### Rich in Trace Minerals

SeaHealth Plus™ is rich in trace minerals in a very bioavailable format, naturally bonded to sea vegetables. These are the same trace minerals that the body requires to optimize eicosanoid formation as well as a wide number of other key enzymes necessary for optimal energy production. Trace minerals act as the catalysts for enzymes to make their job more efficient. With the necessary trace minerals, the body reaches peak efficiency. SeaHealth Plus uses a proprietary blend of nine different sea vegetables to ensure your daily intake of more than 70 trace minerals to provide a wide spectrum of these necessary agents of metabolism.

### Antioxidants

You may wonder how antioxidants have become part of The Zone philosophy of wellness. It's really very simple. Free radicals don't

allow your body to truly optimize good eicosanoid formation to maintain wellness. Free radicals have been shown to cause a myriad of health problems in the body. Without adequate intake of antioxidants, the excess free radical production would easily take us out of the state of wellness. Until recently, there was no way to determine the actual strength of any antioxidant. That has all changed with the development of a new test called the Oxygen Radical Absorption Capacity or ORAC test. The higher the ORAC rating, the greater its ability to quench free radicals. Each serving of SeaHealth Plus™ is certified by Brunswick Labs at Tufts University in Boston to contain 1,600 ORAC units – that is the antioxidant equivalent of two fruits and vegetables! SeaHealth Plus™ uses fruit extracts and powders for its proprietary ORAC blend. Did you have your minimum of 5 fruits and vegetables today? SeaHealth Plus™ makes it easy.

### Goodness of Aloe Vera

Aloe Vera serves as the basis for this nutrient rich formula. History tells us that Aloe has been used as an effective natural remedy for the skin. Now modern science has validated many of aloe's health-promoting properties. The aloe used in SeaHealth Plus is certified by the International Aloe Science Council to assure the presence of aloe vera's natural biological activity. The International

Aloe Science Council is a non-profit organization dedicated to serving the needs of the aloe industry. The IASC certification means the aloe present in this product is standardized, well defined and tested.

That's not all. You can have confidence in the superior quality of each and every product formulated by Dr. Sears. He stakes his reputation on it. That's why the entire SeaHealth Plus™ liquid nutritional supplement is certified by The International Aloe Science Council (IASC) to contain everything in their proper proportions according to the SeaHealth Plus™ label.

Thank you, Dr. Sears, for another health-promoting product. SeaHealth Plus™ truly raises the bar for liquid dietary supplements. Not only does it provide up to 75% more aloe and sea vegetables than many other leading brands, each serving contains the antioxidant equivalent of two fruits and vegetables.

## SeaHealth Plus™



32 Ounce Bottle  
Provides 32 Servings  
Retail Price: \$49.95  
Autoship Price: \$39.96  
CALL FOR SAVINGS ON  
3 PACKS & CASES

# Healthy Products for People

| Product  | Size  | Retail   | Autoship | Item # | Description   |
|--|---|----------|----------|--------|---|
| <b>SeaHealth Plus™<br/>Liquid Dietary<br/>Supplement</b> | 32 Oz.  | \$49.95  | \$39.96  | 600500 | A nutrient-rich blend of whole foods that provides a wide variety of plant source minerals to fuel the body's vital processes, natural antioxidants to protect and certified aloe vera to soothe.   |
| <b>OmegaRx™ Pharmaceutical<br/>Grade Fish Oil</b>        | 8 fl. Oz.<br>Bottle = 45<br>teaspoons                         | \$78.15  | \$62.50  |        | Pharmaceutical Grade Fish Oil Can Change Your Life! OmegaRx™ Pharmaceutical-Grade Fish Oil has a high concentration of long-chain Omega-3 fatty acids and it is highly refined and pure. It contains 100s times less PCB's than most health food grade fish oil; less than 1 part per trillion.                             |
| <b>OmegaRx™ Pharmaceutical<br/>Grade Fish Oil</b>        | 120 capsules<br>in a bottle =<br>30 servings<br>of 4 caps/day | \$50.00  | \$40.00  | 600010 |   |
| <b>OmegaZone™ Nutrition Bars<br/>Peanut Butter</b>       | 14 bars to a<br>box.  | \$35.00  | \$28.00  | 602000 | OmegaZone™ Nutritional Bars are the only nutritional bars that have a U.S. Patent because of their ability to control blood sugar. Bars sold in the mass market or in health food stores may have a 40/30/30 carbohydrate, protein and fat composition, but the ingredients do not stabilize either insulin or blood sugar. |
| <b>OmegaZone™ Nutrition Bars<br/>Chocolate</b>           | 14 bars to a<br>box.  | \$35.00  | \$28.00  | 602010 |   |
| <b>OmegaZone™ Nutrition Bars<br/>Lemon Chiffon</b>       | 14 bars to a<br>box.  | \$35.00  | \$28.00  | 602020 |   |
| <b>ZoneFx™ Facial Moisturizer</b>                        | 1.7 oz. bottle  | \$60.00  | \$40.00  | 605100 | Helps protect the epidermal Zone of your skin. Strengthens the structure and stability of the hydrophobic barrier and helps maintain moisture balance to protect the hydrophobic barrier from the external environment and prevent dry skin.  |
| <b>ZoneFx™ Facial Repair</b>                             | 1.7 oz. bottle  | \$60.00  | \$40.00  | 605110 | Helps target the epidermal Zone of your skin. It gently penetrates the skin's natural hydrophobic barrier and exfoliates dead skin cells within the epidermis. Start each day with Facial Repair to immediately restore the skin's paper-thin hydrophobic barrier.  |
| <b>ZoneFx™ Cellular Serum</b>                            | 30 gel caps   | \$75.00  | \$48.00  | 605120 | Helps replenish the dermal Zone of your skin. Fill the natural reservoirs of the skin with Cellular Serum, the world's most concentrated source of Hydrophobic GLA. Transforms tired skin into more youthful looking skin.  |
| <b>ZoneFx™ Skin Care Kit</b>                             | All Three<br>ZoneFx Skin<br>Care<br>Products                  | \$195.00 | \$97.00  | 605200 | The Zone Skin Care Kit contains three products: the Facial Repair, Cellular Serum and Facial Moisturizer. THE RETAIL PRICE IS \$195.00. SPECIAL OFFER PRICE IS JUST \$97.00. SAVE AN INCREDIBLE 50% OFF.  |
| <b>Dr. Sears'<br/>Extra Virgin Olive Oil</b>             | 16.9 fl. Oz.  | \$21.95  | \$16.95  | 602040 | Extra Virgin Olive imported from Italy.   |



## A Changing Climate

On a day-to-day basis, we're often more concerned about the weather than we are about our actual climate. We often check the weather report to see if it's going to rain or shine. When the clouds seem threatening, we bring an umbrella just in case or drive to work instead of riding our bikes. Meanwhile, the earth's climate is changing in subtle and not so subtle ways, according to environmentalists.

However, as the greenhouse effect (or global warming) becomes a more tangible reality, environmentalists have observed disconcerting climate changes from rising sea levels, volatile weather conditions, higher temperatures and melting glaciers. According to the National Academy of Sciences, the Earth's surface temperature has increased by about 1 degree Fahrenheit in the past 100 years, with the fastest warming occurring during the past two decades. Also within the past 100 years, the global sea level has risen 4-8 inches. There is strong evidence that most of the warming over the past 50 years has much to do with human activity on the planet altering the world's atmospheric composition. The excess of heat trapping gases such as carbon dioxide, methane and nitrous oxide released from automobiles, factories and the burning of fossil fuels is believed to have an adverse effect on the Earth's climate.

Before the days of the industrial revolution, the release of carbon dioxide by humans was in balance with the intake of it by plants. Since then, however, the release of carbon dioxide is too much for plants to absorb not only because of the increase of carbon dioxide but because of

the deforestation due to increased agriculture and suburban communities.

### Making a Difference

In 1997, studies show that the United States alone emitted about one-fifth of the world's total greenhouse gases, which is an average of 22 tons of carbon monoxide for each American. The United States has been receiving much dissent from other nations for pulling out of the Kyoto Protocol in 2001. The Kyoto Protocol is a treaty that was established to reduce the emission of greenhouse gases. The United States pulled out of the treaty due to "unacceptable costs to industry."

Therefore, as Americans we must do our part in our everyday lives by recycling, reducing our energy consumption and buying environmentally supportive cleaning products. Here are some tips to help us save our planet.

**Purchase homes as well as home products with the ENERGY STAR label.** Buying a new house? Looking for a television? The average house is responsible for more air pollution than the average car. We can reduce our energy consumption in our homes by up to 30 percent by purchasing products such as refrigerators, computers, televisions and washing machines with the ENERGY STAR label. In order for a product to earn the ENERGY STAR label, the product is required to exceed minimum federal standards for energy consumption by 13 to 40 percent. You can also buy new homes that carry the energy star label, which will ensure energy savings and a higher resale value.

**Saving gas.** Every little bit counts. Combine all of your errands into one trip as opposed to making several. When you're looking for a new house, look for a location close to your job. Keep your car tuned up and tires properly inflated to save fuel. Carpool, ride your bike, or take public transportation to work a couple of days a week.

**Recycle.** By recycling aluminum cans, plastic, cardboard, glass bottles and newspapers, you can reduce your home's carbon dioxide emissions by 850 pounds yearly. This also includes buying food and various products with recyclable packaging and products made of recycled content.

**Use environmentally sound cleaning products such as Trilogy's Microbest.** Many caustic glass cleaners and floor cleaners on the market contain ammonia, which harms the environments in our homes and the environment at large. If we only knew the side-effects of the ingredients that many of these products contain, we wouldn't put our children or our pets anywhere near them.

Trilogy's Microbest home cleaning products contain benign chemicals and are also packaged to be environmentally friendly – using concentrated refills. With Microbest products comes the theory that you don't need harsh chemicals to keep your household clean, just the proper balance between chemistry and biology.

## Healthy Products for the Planet

| Product  | Size                                | Retail  | Autoship | Item # | Description  |
|--|-------------------------------------|---------|----------|--------|--|
| <b>Home Cleaning Kit</b>                               | Makes a total of six 32 oz. bottles | \$47.95 | \$39.95  | 510000 | Glass & Surface Cleaner System ( <i>makes two 32 oz. bottles</i> ), Degreaser System ( <i>makes two 32 oz. Bottles</i> ), BioDeodorizer with Sprayer (32 oz.) & Floorwash System ( <i>makes 32 gallons of Floorwash</i> ). |
| <b>Glass &amp; Surface Cleaner System</b>              | Make three 32 oz. bottles           | \$11.95 | \$9.90   | 510005 | Three Glass & Surface Concentrate Foil Packs ( <i>makes three 32 fl. oz. bottles</i> ) plus Bottle & Sprayer   |
| <b>Glass &amp; Surface Cleaner Refill Pack</b>         | Make three 32 oz. bottles           | \$8.25  | \$6.95   | 510010 | Three Glass & Surface Concentrate Foil Packs ( <i>makes three 32 fl. oz. bottles</i> )   |
| <b>Glass &amp; Surface Cleaner Bottle with Sprayer</b> | Bottle & sprayer                    | \$3.50  | \$2.95   | 510015 | One Glass & Surface Bottle (empty) with Sprayer  |
| <b>Degreaser System</b>                                | Make three 32 oz. bottles           | \$12.95 | \$10.90  | 510020 | Three Degreaser Concentrate Foil Packs ( <i>makes three 32 fl. oz. bottles</i> ) plus Bottle & Sprayer   |
| <b>Degreaser System Refill Pack</b>                    | Make three 32 oz. bottles           | \$9.50  | \$7.95   | 510025 | Three Degreaser Concentrate Foil Packs ( <i>makes three 32 fl. oz. bottles</i> )   |
| <b>Degreaser System Bottle with Sprayer</b>            | Bottle & sprayer                    | \$3.50  | \$2.95   | 510030 | One Degreaser Bottle (empty) with Sprayer  |
| <b>BioDeodorizer with Sprayer</b>                      | One 32 oz. bottle                   | \$14.25 | \$11.95  | 510035 | One 32 Fl. Oz. Bottle with Sprayer   |
| <b>BioDeodorizer Refill</b>                            | Makes one 32 oz. bottle             | \$11.95 | \$9.95   | 510040 | One 32 Fl. Oz. Bottle No Sprayer   |
| <b>Floorwash System</b>                                | Makes two 32 oz. bottles            | \$25.95 | \$21.95  | 510045 | Part A - One 32 fl. oz. Bottle of Cleanser<br>Part B - One 32 fl. oz. Bottle of Bio-Digester ( <i>makes 32 gallons of Floorwash</i> )  |
| <b>Floorwash System Refills</b>                        | Makes two 32 oz. bottles            | \$19.95 | \$16.95  | 510050 | Part A - One 12 fl. oz. Bottle of Cleanser Concentrate<br>Part B - One 12 fl. oz. Bottle of Bio-Digester Concentrate ( <i>makes 32 gallons of Floorwash</i> ).   |



## Growing Pains

The process of aging takes its toll on the body in every way imaginable. It is only when something begins to hurt do we realize how much we truly use it in our everyday functions. Take for instance, a sprained pinky toe. If you try to walk on a sprained pinky, an unbearable pain shoots all the way up the leg! Our bodies' nerves are incredibly connected to one another and the body in general is a completely interdependent mechanism. Aside from injury, think about everything the body has to endure during its lifetime, especially the joints, which we easily take for granted. Aging puts stress on the joints and causes tension on bones, muscle tendons and ligaments. The same is true for our pets. As the body undergoes the aging process, here are some of the changes it includes.

- **Loss of muscle mass**
- **Decreased production in joint fluid**
- **Bone edges become irregular**
- **Bone brittleness**
- **Cartilage erosion**

Loosening Up our Pets:  
*HealthyPetNet's Healthy Joint System*

In essence, understanding information about the joints is just the precursor for

learning how to encourage longevity through proper diet and exercise. We at HealthyPetNet will offer a few suggestions that could help support the joints by preventing or easing stiffness.

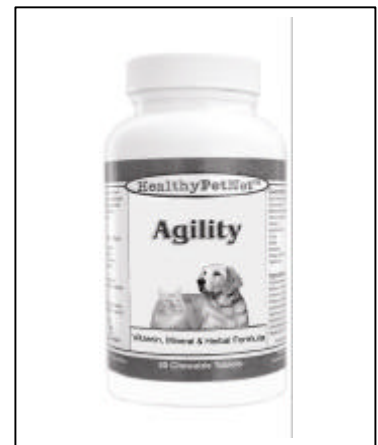
- **Keep your pets lean.** The less weight your pet has to carry around, the less pressure on the joints in their backs and legs. Long-term studies show that excessive weight gain in large breed type puppies will increase likelihood of bone problems.
- **Exercise.** Moderate exercise for dogs and cats is the key. For dogs, we recommend swimming, running and climbing. Playing Frizbee or jumping for balls may be too stressful on the joints. For cats, who also respond well to chasing objects, we recommend that playing games with an object for them to chase such as a short plastic fishing pole with an artificial bird or ribbons attached. Or you can simply take a thick piece of cord and drag it up the stairs and all over the house. In a frenzy to get their paws on this object, it will drive them crazy and loosen up their joints in the process!
- **Foods rich in antioxidants.** Antioxidants help support the body during the natural process of aging by fighting the inevitable free-radicals present that attack the body resulting in a myriad of health concerns some of which have much to do with the joints.

### Support Nutrients For Joints: *HealthyPetNet's New & Improved Agility*

HealthyPetNet's New & Improved Agility with Glucosamine & MSM is a holistic joint formula that strives to be the embodiment of the perfect synergy of nature and science. Since healthy bones are dependent upon many factors and biochemical processes, this formula includes individual ingredients selected to support some of these key factors. Thus rather than containing joint support ingredients only, the Agility supplement expands beyond those limitations. Agility approaches joint health from many perspectives, looking at the whole picture and thus being labeled as holistic. That sets it apart.

**If I could use one word only to describe all of the components in Agility, I would say "synergy." Synergy means that when these ingredients are combined, they enhance each other.**

***Cheers to happy pets. That's what we are about.***



**Healthy Solutions & Nutritional Supplements**

| Product                             | Size                 | Retail Price | Autoship Price | Item #  | Description   |
|-------------------------------------|----------------------|--------------|----------------|---------|---|
| Agility for Dogs & Cats             | 60 chewable tablets  | \$39.95      | \$31.95        | #101011 | Vitamin, mineral & herbal formula -supports bones & joints  |
| Skin & Coat Formula for Dogs & Cats | 60 chewable tablets  | \$29.95      | \$22.95        | #102001 | Optimal skin & coat health with microencapsulated Omega 3 Fatty Acids   |
| Advanced Daily Supplement for Dogs  | 60 chewable tablets  | \$23.95      | 17.95          | #102012 | Advanced Daily Supplements - cutting-edge formulas with unique health-promoting ingredients. Contains a broad spectrum of vitamins, minerals and plant nutrients. An array of proteins and high levels of antioxidants. |
| Advanced Daily Supplement for Dogs  | 30 chewable tablets  | \$12.95      | \$9.95         | #102017 |   |
| Advanced Daily Supplement for Cats  | 360 chewable tablets | \$17.95      | \$13.95        | #103012 |   |

**Healthy Treats for Dogs and Cats**

|   |              |         |         |         |   |
|---|--------------|---------|---------|---------|---|
| Gourmet Dental Treats for Dogs          | 14 oz. Bag   | \$10.95 | \$8.95  | #410014 | Triple action formula promotes, healthy teeth, gums & fresh breath – delicious! |
| Gourmet Dental Treats for Dogs          | 28 oz. bag   | \$19.95 | \$16.50 | #410028 |   |
| Antioxidant Health Bars for Dogs        | 14 oz. Bag   | \$10.95 | \$8.95  | #410114 | Treat your dog to better health naturally with 70+ antioxidants – delicious     |
| Antioxidant Health Bars for Dogs        | 24 oz. bag   | \$16.95 | \$13.95 | #410124 |   |
| Gourmet Porky Puffs                     | 5 in a bag   | \$8.95  | \$7.29  | #420006 | All natural, pork snout dog chews - fully digestible chews – hickory smoked     |
| Edible Dog Bones – Sm to Med Dogs       | 4 in a bag   | \$11.25 | \$8.95  | #420024 | Delicious, all natural, fully digestible chew treats – bacon flavor             |
| Edible Dog Bones – Med to Lg Dogs       | 4 in a bag   | \$12.49 | \$9.95  | #420032 |   |
| Purr-fectly Natural™ Gourmet Cat Treats | 4 oz. bag    | \$8.95  | \$6.95  | #405404 | Improves coat health & supports digestion                                       |
| Oven Baked Cookies for Horses           | 24 oz. cont. | \$21.95 | \$17.95 | #500024 | Delicious & nutritious – great for a glowing coat and overall health            |

**Premium Health Food for Dogs and Cats**

|   |              |         |         |         |   |
|---|--------------|---------|---------|---------|---|
| Life's Abundance Premium Health Food for Dogs | 8 lb. bag    | \$13.95 | \$11.59 | #401008 | Life's Abundance Premium Health Foods for Dogs & Cats contain all natural, premium ingredients with powerful antioxidants, probiotics, Omega 3 fatty acids & more. NO by-products, NO corn, wheat, dairy, NO artificial flavors or chemical preservatives |
| Life's Abundance Premium Health Food for Dogs | 20 lb. bag   | \$27.95 | \$24.49 | #401020 |   |
| Life's Abundance Premium Health Food for Dogs | 40 lb. bag   | \$52.95 | \$46.95 | #401041 |   |
| Life's Abundance Premium Health Food for Cats | 6.6 lb. bag  | \$14.95 | \$12.69 | #405006 |   |
| Life's Abundance Premium Health Food for Cats | 16.5 lb. bag | \$34.95 | \$29.49 | #405016 |   |
| Canine Zone Weight Loss Food for Dogs         | 6.6 lb. bag  | \$15.50 | \$12.95 | #401106 | Revolutionary new food based on Dr. Barry Sears' Zone Diet. Helps dogs lose weight - nutrient rich formula  |
| Canine Zone Weight Loss Food for Dogs         | 17.6 lb. Bag | \$34.50 | \$29.95 | #401117 |   |
| Canine Zone Weight Loss Food for Dogs         | 35.3 lb. bag | \$64.95 | \$56.95 | #401135 |   |

**Daily Nutritional Systems**

|  |                             |          |         |         |  |
|--|-----------------------------|----------|---------|---------|--|
| Life's Abundance Daily Nutritional System for Dogs – Small       | 8 lb. bag & 1 sm bottle     | \$26.90  | \$20.90 | #410408 | Life's Abundance® Premium Health Foods for Dogs & Cats and Canine Zone™ Weight Loss Food for Dogs both provide a solid daily nutritional foundation. Once a good foundation is established, a daily supplement is required because <b>every pet has unique nutritional needs</b> . For example, huskies often need more zinc than other breeds and long hair cats often need more biotin than other cats. Advanced Daily Supplement with Phytonutrient Power provides the additional nutrient to support the optimum health of your precious dog or cat. |
| Life's Abundance Daily Nutritional System for Dogs – Large       | 20 lb. bag & 1 lg bottle    | \$51.90  | \$40.90 | #401420 |  |
| Life's Abundance Daily Nutritional System for Dogs – Extra Large | 40 lb. bag & 2 lg bottles   | \$99.95  | \$79.95 | #401440 |  |
| Life's Abundance Daily Nutritional System for Cats – Small       | 6.6 lb. bag & 1 bottle      | \$32.90  | \$25.90 | #405306 |  |
| Life's Abundance Daily Nutritional System for Cats – Large       | 16.5 lb. bag & 2 bottles    | \$70.85  | \$55.85 | #405316 |  |
| Canine Zone Daily Nutritional System for Dogs – Small            | 6.6 lb. bag & 1 sm Bottle   | \$28.45  | \$22.25 | #401406 |  |
| Canine Zone Daily Nutritional System for Dogs – Large            | 17.6 lb. bag & 1 lg Bottle  | \$58.45  | \$45.95 | #401417 |  |
| Canine Zone Daily Nutritional System for Dogs – Extra Large      | 35.3 lb. bag & 2 lg bottles | \$112.85 | \$89.50 | #401435 |  |

## The Trilogy Autoship Program

### **What is Autoship?**

Autoship is our **FREE** Automatic Shipment Program ... we ship products right to your door automatically! On Autoship, you can get shipments from every 14 days to every 90 days or anywhere in between. Or you can get shipments on the same day of each month (between the 1st and 28th). Autoship is absolutely risk free and it can be cancelled at any time. But that's not all ... customers that are on Autoship can get **ALL their products for wholesale prices!** Contact your Field Representative to go on Autoship and you'll never have to worry about running out of Trilogy products again!

### **When will my Autoship order arrive?**

If you give us your e-mail address, a notification will be sent to you with your tracking information. This will enable you to track your shipment through the UPS web site. The number of days required to ship your order from the Trilogy warehouse to your home depends on your individual location.

### **If I change my Autoship order for the next month, will it revert back to my original order on the following shipment?**

No. Once an Autoship order has been changed, that order becomes your standard Autoship shipment.

### **How do I change my Autoship?**

To change your autoship, you can call customer service toll free at 1-877-387-4564 from Monday through Friday from 8:00 AM to 7:00 PM Eastern Time or you can email your Autoship changes to support@healthypetnet.com -- please type "Autoship" in the subject line.

**Trilogy ... people, planet and pets, where Mother Nature and modern science come together to provide safe and effective products for the health and well being of people, our pets and the planet in which we live.**

For more information about this newsletter or Trilogy products, contact:

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