



# The Trilogy Tribune

DEDICATED TO THE HEALTH AND WELL BEING OF PEOPLE, PETS AND THE PLANET

Issue 7

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## The Skin You're In

This is the time of year when we usually come in contact with many of our friends and family, as well as strangers.

Throughout the year when families and friends do not make time for one another, this is the season when we gravitate to the traditional meeting place, whether it's at Grandma Diane's house in Florida or Aunt Nicole's house in Los Angeles. At the risk of sounding callous, this is when we notice who has gained or lost weight and who is aging well or not-so-well. And let's *face* it: people look for these same things in us.

After giving each other's figures the inadvertent once-over, we spend the most time peering into each other's faces as we talk politics and every day things while sipping eggnog or Maneshevitz. The huge acne breakout across our foreheads due to holiday stress will be the first thing we notice about ourselves when we develop the rolls of film taken. This time of year, due to stress and the winter cold, we should be taking extra good care of our skin. We must take into account that stress deeply affects the condition of our skin and our stress levels skyrocket as a result of all the financial and social pressures imposed on us during the holiday season. This issue of the Trilogy Tribune will focus mainly on how stress affects our skin and skin care tips to get us through the holidays all in one pretty piece.

**Facing Stress ...** Our first common misconception of stress is that all stress is bad, when in fact, stress is often used to help us function. The most common and healthy

manifestation of stress is something we know as adrenaline, which is the number one stress hormone. Have you ever had to make that dreaded presentation in front of all of your bosses when your hands started sweating and your heart started beating like a frantic drum? This sensation we commonly know as *nervousness* is really adrenaline, which is the body's design to give us that extra rush of energy to function better. Though nervousness never really feels good, the trick is harnessing that nervous energy instead of letting it cripple us.

Once balanced with proper amounts of relaxation, stress can actually strengthen our mind and body's ability to cope in times of crisis. However, the stress we experience nowadays is on a ruthless day-to-day basis. With the pressures of work, children, traffic, interpersonal relationships and everything else, it's terribly easy to get caught up in the relentless stress of our lives thus denying ourselves time to relax and get back in balance with ourselves. As our bodies release stress related hormones, chemicals and enzymes, the excess of continuously compounded stress without proper release often manifests in anger, frustration, tense muscles, breakouts and perpetual exhaustion. And not to mention the long term affects of stress on our internal organs. Just as stress signals the release of adrenaline, other hormones and biochemical events are triggered which can cause unhealthy changes in our

pancreas, liver, thyroid gland, blood vessels, heart and the list goes on and on. Its toll on our skin is a result of the chain of events the stress creates in the body, eventually targeting the many parts of our skin.

**Facing The Facts ...** Here are some of the most common ways in which **stress** has a direct affect on our skin:

When we start becoming stressed out, adrenaline redirects blood away from the skin and sends it to the muscles instead, which have the tendency to tense up and become stiff. As a result, the skin becomes pale due to the deficit of blood and oxygen contained inside the blood. Good blood flow is essential for healthy skin since the blood delivers the nutrients skin cells require. Without it, our skin's basic structure is jeopardized. One can easily see that it lacks vitality.

Anger, excitement and frustration lets loose chemicals which stimulate the glands to pour out more oil which then blocks the pores and encourages pimples to form. This is why many of us grew that gigantic pimple on the morning of the senior prom or why our holiday photos aren't exactly blemish-free.

As much as stress speeds up many of our bodies' functions, such as the heartbeat, continuous stress also slows down many important functions such as the rate of cell turnover. In relation to our skin, this affects the fresh supply of epidermal cells that reach our skins' surface. Skin cells die and new ones are made, daily. If we don't have a healthy

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## The Skin You're In (continued)

epidermis, the skin has difficulty in holding moisture. After a while, the skin begins to look dull and lifeless.

Continuous stress also suppresses the body's natural immunity, breaking down the skin's defense mechanism leaving it more vulnerable to outside chemicals, bacteria and pollutants.

We must also note that **changes in weather** can also greatly affect the appearance of our skin. In the winter, dry air, harsh winds and cold temperatures can promote acne and aggravate our skin.

Dry air damages the movement of fluids and can hinder our skin in replenishing its natural moisture that we often take for granted. Dryness can result not only in withered skin, but in brittle hair, cracked nails, arid, irritated eyes and lack of perspiration.

The strong presence of cold wind often finds its way into the cracks and crevices of our houses. We can't hide from its effects on our skin as well as the rest of our bodies. The skin can respond to the cold by becoming extra sensitive and/or by feeling somewhat itchy.

Cold makes things contract. Remember that from biology class in high school? As a result, cold temperatures make our blood vessels constrict, which means our skin is less nourished and it takes much longer for the skin to rid itself of its impurities.

**Face Value: Skin Care ...** Here are some tips to help us keep our skin healthy during these stressful winters so that we'll be feeling healthy and fabulous at the forthcoming holiday get-togethers.

*Drink water.* Try and make a conscious effort to choose water over juices, sodas and coffees. The warmer the water, the better. Instead of black caffeinated teas, try herbal teas that contain nettles, dandelion, burdock and cleavers, which helps the body rid itself of internal pollutants. Clean blood helps to ensure a healthy body and healthy skin.

*Healthy Diet.* Eat regular balanced meals and try to avoid sugary foods. In many ways, the outward appearance of our skin is just a mere manifestation of what is going on inside of our bodies. Sugar ingestion can decrease the amount of the B vitamins. Fruits and vegetables deliver vital antioxidants and fiber for intestinal health. Healthy intestines are necessary for proper absorption of nutrients.

*Get some sleep.* Plenty of sleep eases stress and fatigue (as mentioned above).

*Regular exercise.* Exercise helps the circulation of blood and oxygen to the skin and helps maintain a desirable metabolic rate during the winter. The national heart association recommends daily exercise. Regular exercise also reduces stress, tension and depression.

*Pitch the cigarettes.* Cigarette smoking severely dries out the moisture of the skin and harms the body. It compromises C vitamins, big time!

### Dr. Sears Fish Oil and Skin Care System

Dr. Sears' OmegaRx Pharmaceutical Grade Fish Oil and ZoneFx Anti-Aging System are products formulated to help support the skin throughout our lives and especially during these stressful winter months. Though we can somewhat tame our stress levels by getting more rest and treating ourselves to an occasional massage, we cannot control winter's wrath. We must learn to sufficiently safeguard our skin from such things that we cannot control.

Since it's a fact that the cold winter air constricts our blood vessels and thus affects every organ's ability to perform its function, we need to give our body some help. Dr. Sears, creator of the Zone Diet, maintains that wellness depends upon the body producing the "good" types of hormones, versus the ones that can have negative effects. The eicosanoid hormones are powerful cell regulators that help maintain

virtually all body functions including the brain, the heart and the immune system. Daily supplementation with pharmaceutical-grade fish oil rich in the long-chain omega 3 fatty acids, EPA and DHA, is critical for maintaining optimal eicosanoid balance throughout the body. The long chain omega 3 fatty acids fight to keep the inner workings of our bodies healthy, which manifests in glowing skin.

To supplement the OmegaRx, which works on the inside, is Dr. Sears' ZoneFx Anti-Aging Skin Care System, which does the work on the outside. This skin care system contains Facial Repair to help exfoliate dead cells, Cellular Serum capsules to replenish the dermal zone with hydrophobic GLA and Facial Moisturizer to protect the epidermal zone, especially from the cold.

Don't forget that these facial goodies also serve as wonderful gifts for our friends and family, as well as for ourselves!



# Healthy Products for People

Product	Size	Retail	Autoship	Item #	Description
<b>SeaHealth Plus™ Liquid Dietary Supplement</b>	32 Oz.	\$49.95	\$39.96	600500	A nutrient-rich blend of whole foods that provides a wide variety of plant source minerals to fuel the body's vital processes, natural antioxidants to protect and certified aloe vera to soothe.
<b>OmegaRx™ Pharmaceutical Grade Fish Oil</b>	8 fl. Oz. Bottle = 45 teaspoons	\$78.15	\$62.50		Pharmaceutical Grade Fish Oil Can Change Your Life! OmegaRx™ Pharmaceutical-Grade Fish Oil has a high concentration of long-chain Omega-3 fatty acids and it is highly refined and pure. It contains 100s times less PCB's than most health food grade fish oil; less than 1 part per trillion.
<b>OmegaRx™ Pharmaceutical Grade Fish Oil</b>	120 capsules in a bottle = 30 servings of 4 caps/day	\$50.00	\$40.00	600010	
<b>OmegaZone™ Nutrition Bars Peanut Butter</b>	14 bars to a box.	\$35.00	\$28.00	602000	OmegaZone™ Nutritional Bars are the only nutritional bars that have a U.S. Patent because of their ability to control blood sugar. Bars sold in the mass market or in health food stores may have a 40/30/30 carbohydrate, protein and fat composition, but the ingredients do not stabilize either insulin or blood sugar.
<b>OmegaZone™ Nutrition Bars Chocolate</b>	14 bars to a box.	\$35.00	\$28.00	602010	
<b>OmegaZone™ Nutrition Bars Lemon Chiffon</b>	14 bars to a box.	\$35.00	\$28.00	602020	
<b>ZoneFx™ Facial Moisturizer</b>	1.7 oz. bottle	\$60.00	\$40.00	605100	Helps protect the epidermal Zone of your skin. Strengthens the structure and stability of the hydrophobic barrier and helps maintain moisture balance to protect the hydrophobic barrier from the external environment and prevent dry skin.
<b>ZoneFx™ Facial Repair</b>	1.7 oz. bottle	\$60.00	\$40.00	605110	Helps target the epidermal Zone of your skin. It gently penetrates the skin's natural hydrophobic barrier and exfoliates dead skin cells within the epidermis. Start each day with Facial Repair to immediately restore the skin's paper-thin hydrophobic barrier.
<b>ZoneFx™ Cellular Serum</b>	30 gel caps	\$75.00	\$48.00	605120	Helps replenish the dermal Zone of your skin. Fill the natural reservoirs of the skin with Cellular Serum, the world's most concentrated source of Hydrophobic GLA. Transforms tired skin into more youthful looking skin.
<b>ZoneFx™ Skin Care Kit</b>	All Three ZoneFx Skin Care Products	\$195.00	\$97.00	605200	The Zone Skin Care Kit contains three products: the Facial Repair, Cellular Serum and Facial Moisturizer. THE RETAIL PRICE IS \$195.00. SPECIAL OFFER PRICE IS JUST \$97.00. SAVE AN INCREDIBLE 50% OFF.
<b>Dr. Sears' Extra Virgin Olive Oil</b>	16.9 fl. Oz.	\$21.95	\$16.95	602040	Extra Virgin Olive imported from Italy.



## Holiday Clean-Up

During the holidays, cooking is one thing but cleaning is yet another.

The magic of a holiday dinner can lose its glow when you look at your kitchen after everyone has gone home or gone to bed with their bellies satisfied.

You look at the pile of dishes and pots and tackle them first. Sure it can be daunting, but once that job is finished, a sense of accomplishment is your reward. Until ... you look around at the rest of the kitchen and find the enemy. Grease! It's all over the place. On the countertops, the table and look at that stove. Then there's the burnt turkey residue in the baking dish you forgot to clean. Yikes!

Have no fear, holiday help is here!

Microbest Degreaser can cease holiday grease.

Let's take that roasting pan first. Just put some Degreaser into the baking dish after taking out the turkey and let it sit through dinner. By the time you're ready to clean up, you will see the soot come off incredibly easy.

Now let's move on to more sticky matters like the countertops and stoves. Microbest Degreaser is a champ on these jobs. It cuts through grease very effectively. Just spray liberally, let sit for a minute and wipe up. Don't forget, you can use the Degreaser on glass surfaces, too.

Microbest Degreaser is the perfect antidote to holiday mess hangover.



Microbest Degreaser

Don't forget another great holiday clean-up product ... Microbest Floorwash. The Floorwash works amazingly well on most floor surfaces. The two-part system contains effective cleansers and natural microbial grease digesters that eliminate dirt and odor. You'll be thrilled to see how well it cleans ceramic tile and grout. Just apply a liberal amount and let sit and then mop up.



Holiday help for your floors.

One Microbest Floorwash System makes 32 gallons of wash!

All Microbest products are safe:

- Non-toxic
- Non-butyl
- Biodegradable
- No phosphates
- Neutral pH

Microbest products are a natural alternative to harsh cleaning products.

## Healthy Products for the Planet

Product	Size	Retail	Autoship	Item #	Description
<b>Home Cleaning Kit</b>	Makes a total of six 32 oz. bottles	\$47.95	\$39.95	510000	Glass & Surface Cleaner System ( <i>makes two 32 oz. bottles</i> ), Degreaser System ( <i>makes two 32 oz. Bottles</i> ), BioDeodorizer with Sprayer (32 oz.) & Floorwash System ( <i>makes 32 gallons of Floorwash</i> ).
<b>Glass &amp; Surface Cleaner System</b>	Make three 32 oz. bottles	\$11.95	\$9.90	510005	Three Glass & Surface Concentrate Foil Packs ( <i>makes three 32 fl. oz. bottles</i> ) plus Bottle & Sprayer
<b>Glass &amp; Surface Cleaner Refill Pack</b>	Make three 32 oz. bottles	\$8.25	\$6.95	510010	Three Glass & Surface Concentrate Foil Packs ( <i>makes three 32 fl. oz. bottles</i> )
<b>Glass &amp; Surface Cleaner Bottle with Sprayer</b>	Bottle & sprayer	\$3.50	\$2.95	510015	One Glass & Surface Bottle (empty) with Sprayer
<b>Degreaser System</b>	Make three 32 oz. bottles	\$12.95	\$10.90	510020	Three Degreaser Concentrate Foil Packs ( <i>makes three 32 fl. oz. bottles</i> ) plus Bottle & Sprayer
<b>Degreaser System Refill Pack</b>	Make three 32 oz. bottles	\$9.50	\$7.95	510025	Three Degreaser Concentrate Foil Packs ( <i>makes three 32 fl. oz. bottles</i> )
<b>Degreaser System Bottle with Sprayer</b>	Bottle & sprayer	\$3.50	\$2.95	510030	One Degreaser Bottle (empty) with Sprayer
<b>BioDeodorizer with Sprayer</b>	One 32 oz. bottle	\$14.25	\$11.95	510035	One 32 Fl. Oz. Bottle with Sprayer
<b>BioDeodorizer Refill</b>	Makes one 32 oz. bottle	\$11.95	\$9.95	510040	One 32 Fl. Oz. Bottle No Sprayer
<b>Floorwash System</b>	Makes two 32 oz. bottles	\$25.95	\$21.95	510045	Part A - One 32 fl. oz. Bottle of Cleanser Part B - One 32 fl. oz. Bottle of Bio-Digester ( <i>makes 32 gallons of Floorwash</i> )
<b>Floorwash System Refills</b>	Makes two 32 oz. bottles	\$19.95	\$16.95	510050	Part A - One 12 fl. oz. Bottle of Cleanser Concentrate Part B - One 12 fl. oz. Bottle of Bio-Digester Concentrate ( <i>makes 32 gallons of Floorwash</i> ).



## A Gift of Companionship & Love

The holiday season is here and as the weather gets increasingly colder, our hearts become curiously warmer. This time of year, the art of giving manifests in the most beautiful ways. This is why the holiday season accrues the largest amount of pet adoptions more than any time of year. The Home for the Holidays 5th Annual Pet Adoption Drive expects to find over 200,000 orphaned dogs and cats new homes this year. Pets are wonderful gifts for children, the elderly, family, friends and for ourselves. In a successful pet adoption, everyone wins: the pet is lifted out of an unhappy existence and the new owner benefits in endless ways. Along with this joy comes responsibility, however. Due to frivolous pet buying, many an owner ends up mistreating a pet that wasn't right for their household to begin with. That outcome is terribly unfair because it is not the pet's fault that its owner made an unwise decision. We must also take into consideration that when we pick the wrong pet for our household, we are denying that same pet a chance at the right owner. That's why giving a pet as a holiday gift is NOT recommended, UNLESS the new owner is part of this quest. The search can take you to a breeder, a pet store that sells animals, a veterinarian's office, a breed rescue organization or to an animal shelter. No matter where your heart takes you, the quest should take careful planning and research so that you won't regret the choice and end up sending the animal out of the house returning it or bringing it to a local shelter. This article is devoted to being a responsible pet adopter as well as pet owner.

### ***Choosing the Right Pet For Your Household***

Before bringing a pet into your home, the first thing to consider is that this animal may be with you for quite some time.

A medium sized dog has the genetic propensity to live 27 years and cats as long as 30 years. Pets give unconditional love and form deep bonds with our families. They truly become family members. In short, pets represent a long-term commitment and nothing less. So ask yourself if you and your family members are ready for this commitment.

### ***Expenses***

After deciding that your family can indeed handle the long-term commitment of a pet, you must then assess whether you can also shoulder the financial commitment. Just like a child, a pet's needs extend far beyond food and shelter and the winter sweater.

### ***Where to get the new family member?***

If you have decided that a specific breed is what you want, remember that there are pure breed dogs and cats that are available for adoption, some young, others old. Animal shelters often adopt out pure bred animals. They generally have a list of breed rescue organizations as well. Think of a breed and chances are there is a rescue group that is fostering a mother and her litter, or an animal with a broken leg or a healthy dog or cat that was thrown away. Breed rescue organizations have the advantage of supplying you with

the pure bred you want as well as giving you the chance to save a life.

### ***Pets and the Elderly***

If you are getting a pet for an elderly person whether they live with you, alone or in a nursing home, you want to adopt a pet that matches his or her personality and needs.

### ***Pets and Our Children***

We know that a pet will teach a child responsibility and love towards others, both animal and human. While we encourage pets and children, preschool children present a special challenge to parents because they don't understand that THEY may harm the pet. Whether the pet strikes out and harms the child or runs and hides under the couch, a happy relationship between children and pets is crucial to the longevity of a pet's role in the family. Some parents wait until their children are old enough to understand that the new pet is alive and has feelings. Whatever the age of the child, he or she should be prepared for the new pet. There are children's books about animals and how to care for them.

***HealthyPetNet has a mission*** -- to help your pet live a long and healthy life. We are proud of the superior quality products we carry. Start your new pet (old or young) on our products.

From our Life's Abundance Health Foods for Dogs and Cats to our supplements, to our delicious treats with a purpose. HealthyPetNet provides you with products that make a difference in your pet's life.

**Healthy Solutions & Nutritional Supplements**

Product	Size	Retail Price	Autoship Price	Item #	Description
Agility for Dogs & Cats	60 chewable tablets	\$39.95	\$31.95	#101011	Vitamin, mineral & herbal formula -supports bones & joints
Skin & Coat Formula for Dogs & Cats	60 chewable tablets	\$29.95	\$22.95	#102001	Optimal skin & coat health with microencapsulated Omega 3 Fatty Acids
Advanced Daily Supplement for Dogs	60 chewable tablets	\$23.95	17.95	#102012	Advanced Daily Supplements - cutting-edge formulas with unique health-promoting ingredients. Contains a broad spectrum of vitamins, minerals and plant nutrients. An array of proteins and high levels of antioxidants.
Advanced Daily Supplement for Dogs	30 chewable tablets	\$12.95	\$9.95	#102017	
Advanced Daily Supplement for Cats	360 chewable tablets	\$17.95	\$13.95	#103012	

**Healthy Treats for Dogs and Cats**

Gourmet Dental Treats for Dogs	14 oz. Bag	\$10.95	\$8.95	#410014	Triple action formula promotes, healthy teeth, gums & fresh breath – delicious!
Gourmet Dental Treats for Dogs	28 oz. bag	\$19.95	\$16.50	#410028	
Antioxidant Health Bars for Dogs	14 oz. Bag	\$10.95	\$8.95	#410114	Treat your dog to better health naturally with 70+ antioxidants – delicious
Antioxidant Health Bars for Dogs	24 oz. bag	\$16.95	\$13.95	#410124	
Gourmet Porky Puffs	5 in a bag	\$8.95	\$7.29	#420006	All natural, pork snout dog chews - fully digestible chews – hickory smoked
Edible Dog Bones – Sm to Med Dogs	4 in a bag	\$11.25	\$8.95	#420024	Delicious, all natural, fully digestible chew treats – bacon flavor
Edible Dog Bones – Med to Lg Dogs	4 in a bag	\$12.49	\$9.95	#420032	
Purr-fectly Natural™ Gourmet Cat Treats	4 oz. bag	\$8.95	\$6.95	#405404	Improves coat health & supports digestion
Oven Baked Cookies for Horses	24 oz. cont.	\$21.95	\$17.95	#500024	Delicious & nutritious – great for a glowing coat and overall health

**Premium Health Food for Dogs and Cats**

Life's Abundance Premium Health Food for Dogs	8 lb. bag	\$13.95	\$11.59	#401008	Life's Abundance Premium Health Foods for Dogs & Cats contain all natural, premium ingredients with powerful antioxidants, probiotics, Omega 3 fatty acids & more. NO by-products, NO corn, wheat, dairy, NO artificial flavors or chemical preservatives
Life's Abundance Premium Health Food for Dogs	20 lb. bag	\$27.95	\$24.49	#401020	
Life's Abundance Premium Health Food for Dogs	40 lb. bag	\$52.95	\$46.95	#401041	
Life's Abundance Premium Health Food for Cats	6.6 lb. bag	\$14.95	\$12.69	#405006	
Life's Abundance Premium Health Food for Cats	16.5 lb. bag	\$34.95	\$29.49	#405016	
Canine Zone Weight Loss Food for Dogs	6.6 lb. bag	\$15.50	\$12.95	#401106	Revolutionary new food based on Dr. Barry Sears' Zone Diet. Helps dogs lose weight - nutrient rich formula
Canine Zone Weight Loss Food for Dogs	17.6 lb. Bag	\$34.50	\$29.95	#401117	
Canine Zone Weight Loss Food for Dogs	35.3 lb. bag	\$64.95	\$56.95	#401135	

**Daily Nutritional Systems**

Life's Abundance Daily Nutritional System for Dogs – Small	8 lb. bag & 1 sm bottle	\$26.90	\$20.90	#410408	Life's Abundance® Premium Health Foods for Dogs & Cats and Canine Zone™ Weight Loss Food for Dogs both provide a solid daily nutritional foundation. Once a good foundation is established, a daily supplement is required because <b>every pet has unique nutritional needs</b> . For example, huskies often need more zinc than other breeds and long hair cats often need more biotin than other cats. Advanced Daily Supplement with Phytonutrient Power provides the additional nutrient to support the optimum health of your precious dog or cat.
Life's Abundance Daily Nutritional System for Dogs – Large	20 lb. bag & 1 lg bottle	\$51.90	\$40.90	#401420	
Life's Abundance Daily Nutritional System for Dogs – Extra Large	40 lb. bag & 2 lg bottles	\$99.95	\$79.95	#401440	
Life's Abundance Daily Nutritional System for Cats – Small	6.6 lb. bag & 1 bottle	\$32.90	\$25.90	#405306	
Life's Abundance Daily Nutritional System for Cats – Large	16.5 lb. bag & 2 bottles	\$70.85	\$55.85	#405316	
Canine Zone Daily Nutritional System for Dogs – Small	6.6 lb. bag & 1 sm Bottle	\$28.45	\$22.25	#401406	
Canine Zone Daily Nutritional System for Dogs – Large	17.6 lb. bag & 1 lg Bottle	\$58.45	\$45.95	#401417	
Canine Zone Daily Nutritional System for Dogs – Extra Large	35.3 lb. bag & 2 lg bottles	\$112.85	\$89.50	#401435	

## The Trilogy Autoship Program

### **What is Autoship?**

Autoship is our **FREE Automatic Shipment Program** ... we ship products right to your door automatically! On Autoship, you can get shipments from every 14 days to every 90 days or anywhere in between. Or you can get shipments on the same day of each month (between the 1st and 28th). Autoship is absolutely risk free and it can be cancelled at any time. But that's not all ... customers that are on Autoship can get **ALL their products for wholesale prices!** Contact your Field Representative to go on Autoship and you'll never have to worry about running out of Trilogy products again!

### **When will my Autoship order arrive?**

If you give us your e-mail address, a notification will be sent to you with your tracking information. This will enable you to track your shipment through the UPS web site. The number of days required to ship your order from the Trilogy warehouse to your home depends on your individual location.

### **If I change my Autoship order for the next month, will it revert back to my original order on the following shipment?**

No. Once an Autoship order has been changed, that order becomes your standard Autoship shipment.

### **How do I change my Autoship?**

To change your autoship, you can call customer service toll free at 1-877-387-4564 from Monday through Friday from 8:00 AM to 7:00 PM Eastern Time or you can email your Autoship changes to support@healthypetnet.com -- please type "Autoship" in the subject line. Please submit changes three business days in advance.

**Trilogy ... people, planet and pets, where Mother Nature and modern science come together to provide safe and effective products for the health and well being of people, our pets and the planet in which we live.**

For more information about this newsletter or Trilogy products, contact:

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